

CHEATHAM COUNTY SOCCER ASSOCIATION



2023

Coaches Meeting

MISSION – VISION – CORE VALUES

Mission

To provide an inclusive soccer experience.

To **C**oach
To **C**reate
To **S**erve All
To **A**chieve

Vision

To provide soccer to all children, regardless of skill, while also facilitating a fun, positive and safe environment.

Core Vales

Inclusive, Impactful and Safe



BOARD OF DIRECTORS

Position	Board Member
President	Open
Vice President	Renee Cannon
Treasurer	Vicki Cannon
Registrar	Jessica Cannon
Secretary	Lacey Wilkerson

Position	Board Member
Director of Coaching	Sam Beatty
Director of Referees	Megan Moss
Director of Special Events	Lindsay Singer
Director of Concessions	Allison Beatty/Missy Borowiak
Director of Public Relations	Open
Director of Fields	Matt Batts



CCSA FUNDRAISERS



PICTURE DAY

Sept 12

CONCESSION STAND

Visit Often!

IMPORTANT DATES

PRACTICE STARTS

8/3/26

CONTACT TEAM PLAYERS AS
SOON AS POSSIBLE

BANNER PICKUP

8/10 & 8/14

AT RIVERBLUFF, TIMES
WILL BE PUT IN PLAYMETRICS

OPENING DAY

8/22/26

OPENING CEREMONIES - 9AM
GAMES START - 10AM

NO GAMES

9/5 & 10/17

LABOR DAY & FALL BREAK

PICTURES

9/12/26

PLEASE PARTICIPATE

TOURNAMENT

10/24/26

SCHEDULE TO BE
ANNOUNCED



COACHES JERSEY

If you would like a coaches jersey
text Jessica Cannon, 615-882-0405



PARK RULES

- **No smoking or vaping on fields** – please let parents know this is not allowed and they need to go to the parking lot
- **Please pick up trash on practice days and game days.**
- **Kids do not need to be hanging on goals** – this is a liability issue and needs to be discouraged
- **Goals do not need to be moved** – this is a liability issue as well
- On practice days – fields are first come first serve.
- If another team comes to a field you are on please split the field with them.
- If there are 2 teams on your field you can go to an empty field but if a team that is in that age group comes up they get field access first.



COACHING

COACHING REQUIREMENTS

Requirements US Soccer Learning Center

Safesport Training Video – Phase 1
Safe Soccer – Phase 2
Background Check – Phase 3

Requirements Playmetrics

Coaching Forms – Forms
Powerpoint – Forms

Links

Everything is done through US Soccer Learning Center.
This will link back to Playmetrics – instructions have been emailed and are available in Playmetrics.

Deadline

All requirements are due before you will receive your uniforms. Assistant coaches need to complete them as well.



COACHES EXPECTATIONS

Code of Conduct

- ⚽ Keep it fun
- ⚽ Know the game of soccer
- ⚽ Be prepared
- ⚽ Keep the players learning and engaged

- ⚽ Respect the referees, coaches and board members.
- ⚽ Show sportsmanship both on and off the field.
- ⚽ No foul or abusive language
- ⚽ Only contact parents – do not text or call players
- ⚽ Be an example for the parents – they feed off you



COACHING TOOLS

MOJO YOUTH SPORTS

- APP FULL OF DRILLS
- LAYOUT WHOLE PRACTICE SESSION
- VIDEOS TO HELP WITH SETUP

CCSA WEBSITE

Under Construction

- DRILLS
- RULE VIDEOS
- WEBSITE LINKS FOR DRILLS

PLAYMETRICS

- DRILLS
- YOU CAN CREATE YOU OWN DRILLS



COACHING POINTS



UNDER 5 & 7

- BALL CONTROL
- GOING IN THE RIGHT DIRECTION
- LISTENING TO COACH

UNDER 9

- BALL CONTROL
- MORE GAMES THAN DRILLS
- NO LONG LINES

UNDER 11

- BALL CONTROL
- PASSING
- KICKING BALL CORRECTLY
- SPACING

UNDER 13/15

- PASSING - CROSSING BALL
- COMMUNICATION
- SPACING
- GOALIE SKILLS

UNDER 18

- QUICK PASSES
- MOVING INTO SPACE
- DECISION MAKING
- TECHNIQUE

Remember that all players need to be moving up and down the field. No standing in front of the goal the whole game. Encourage kids to play all positions.

PLAYMETRICS APP

- **All communication will be done through the Playmetrics app.**
(including - roster updates, game day announcements)
- You should receive an email to join the coaching team.
- Download app and get familiar with it.
- All player information for your team can also be found in the app.
- All coaching requirements will sync with your playmetrics - this is the only way we can see if you completed them.



RULES

CCSA REFEREE

We need referees!

**If you know of someone interested please have them contact us.
The class is free and referees will get paid each Saturday.**

Our referees are young and they will miss things. If you have an issue with a ref please see the ref director (Megan Moss), the coaching director (Sam Beatty) or board member. Do not yell or approach our referees.



RESPECT THE CALL

This is TN Soccers recommendations for referee disrespect.



www.cheathamssoccer.org

NON-PHYSICAL OFFENSES of gross misconduct, abuse, and / or assault

NON-PHYSICAL*	MIN. GAMES	TIME
Insulting, Belittling, Insinuating or Taunting Behavior Undermining Referee Authority	2	
Harassment, Intimidation, Retaliation, Abusive, or Threatening (Non Physical) Language	4	
Aggression, Attacking, Derogatory, Cyberbullying, Doxing or Threatening (Physical / Violence) Language	6	6 - 24 Months
Offensive or Discriminatory Act	10	12 - 24 Months

PHYSICAL OFFENSES of gross misconduct, abuse, and / or assault

PHYSICAL*	MIN. GAMES	TIME
Minor or Slight Deliberate Touching	3	1 - 6 Months
Pushing, Grabbing, Pulling, Squeezing, Pinching, Lightly Slapping, Use of Object in Non Striking Manner, or Physical Property Damage	10	6 - 24 Months
Hitting, Punching, Elbowing, Kicking, Biting, Spiting, Choking, Tackling, Throwing or Use of Object or Any Part of Body (Forearm, Knee, Head) in a Striking Manner		12 Months - Lifetime

GENERAL RULES

- **Proper Dress**

Shin guards with socks and cleats at practice and games.

- **All age groups switch sides at half.**

- **All age groups do goal kicks and corner kicks.**

- **Teams without a goalie** - opposing team must be at midfield on goal kicks.

- **Teams with goalie** - ball can go in any direction on kick off

- **Throw ins** - no lifting foot and ball must be over head -

U5 (ref or coach needs to assist with throw ins)

U7 get 1 retry - then goes to other team.

U9 & up if throw in is wrong - ball goes to other team, no retry.

GENERAL RULES

- **100% Rule**

No player should play 100% of the game, every player should come out of the game at some point - all players need to play regardless of skill.

- ***Bench conduct***

Coaches, assistant coach, 1 team parent and players are allowed on the bench side of the field. All others need to be on the parent side. No exceptions, please notify parents and help us enforce it.

- ***Missing Saturday***

If you are not going to be at a game, please let the board know, through Playmetrics who will be coaching for the day.

RULES OF PLAY

	U5	U7	U9	U11	U13	U15
Game Length	4 (5 min)	4 (6 min)	4 (8 min)	2 (15 min)	2 (25 min)	2 (30 min)
Ball Size	3	3	4	4	5	5
Format	3V3	4V4	5V5	5V5	5V5	4V4
Goalie	No	No	No	POSSIBLE	POSSIBLE	POSSIBLE
PK's	No	No	No	Yes	Yes	Yes
Restarts	Indirect	Indirect	Indirect	Direct/Indirect	Direct/Indirect	Direct/Indirect
Offsides	No	No	No	POSSIBLE	POSSIBLE	POSSIBLE
Headers/Drop Kicks	No	No	No	No	No	No



THANK YOU!

Contact Us:

Call/Text: 615-882-0405

Email: cheathamsoccer@outlook.com

Webstie: www.cheathamsoccer.org

Facebook: facebook.com/cheathamcosoccer

You must give the below code that corresponds with your name on the confirmation page in Playmetrics. As well as have your playmetrics/US Soccer Learning Center requirements done in order to get your roster.

**Fuqua - 12
Mackens - 54
J.Davidson - 10
Derossett - Blue
McKinney - Florida
K.Davidson - Orange
Hastings - Tennessee
Harlan - Red**

**Graham - Cleats
Teperman - Shin guards
Ragsdale - Jersey
Mackens - 54
Michaud - Forward
Davis - Defense
Moss - Goalie**

**Batts - 44
Lee - 25
Gentry - 2
Beatty - 94
Copan - Purple
Kelly - Yellow**

